

# HEALTH INSURANCE COMPANIES WANT TO RAISE PRICES IN VERMONT

Insurance companies want to raise individual and small business plan premium prices for 2019.

- Blue Cross Blue Shield of Vermont: **average increase of 7.5%**
- MVP Health Care: **average increase of 10.9%**

The Board can change these price increases.

**Tell the Green Mountain Care Board what you think!**

## How to comment:

- **Online:** [bit.ly/GMCBcomment](http://bit.ly/GMCBcomment)
- **Email:** [gmcb.board@vermont.gov](mailto:gmcb.board@vermont.gov)
- **Mail:** Green Mountain Care Board  
144 State Street  
Montpelier, VT 05602
- **Call:** (802) 828-2177
- **In-Person:** Tuesday, July 24  
4:30-6:30PM  
Memorial Room at City Hall  
39 Main Street  
Montpelier, VT

## Consider telling the Board:

1. Your insurer (Blue Cross or MVP).
2. Whether you get your insurance through Vermont Health Connect or your job.
3. How the price increase impacts you, your family, or your small business.

## Other info:

- Comment deadline:  
July 25<sup>th</sup>, 2018.
- Comments are public.
- Submit audio and video comments via email.

## Need help?

**Call the Health Care Advocate at 1-800-917-7787.**  
Get free answers to your questions about health insurance, health care access, health insurance subsidies, and how to comment on premium price increases.



THE OFFICE OF THE HEALTH CARE ADVOCATE AT **Vermont Legal Aid**